

## Spiritual journey OF THE Lakota

### Please tell me more!

Please contact Matthew to be sent additional information on this unique spiritual experience:

- ◆ visit the website at [www.greenwoodspiritualjourneys.com.au](http://www.greenwoodspiritualjourneys.com.au)
- ◆ email Matthew at [matthew@greenwoodspiritualjourneys.com.au](mailto:matthew@greenwoodspiritualjourneys.com.au)
- ◆ complete and return this form.

Name .....

Address .....

Phone number .....

Email address .....

### Journey Dates

15–30 August 2010

This journey  
is limited to  
15 travellers

*'Join me as we  
travel deep into the  
sacred land of the  
Lakota Indians'*



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Greenwood Spiritual Journeys

MATTHEW GREENWOOD

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# Allow your spirit to soar with the Lakota



## The Lakota people

The *Sicangu Lakota Oyate*, or 'Burnt Thigh People', roamed and hunted the Great Plains for centuries. Today, they remain on the Rosebud Indian Reservation in the heart of the Great Sioux Nation.

## A spiritual journey

Join Matthew and travel deep into the sacred land of the Lakota Indians, an experience that will stir our spirit and remind us of the true importance of life.

- ◆ Learn about the traditions and legends of the Lakota
- ◆ Meet elders of an ancient people
- ◆ Journey to sacred sites

The fourteen-day journey with Matthew Greenwood will take you through ceremonies, workshops, meditation and healing. It will provide an understanding of the great Indian cultures, their connection with the earth and their beliefs of what is truly important in life. This journey will help to bring a greater sense of self and direction in life—and those who undertake it will return with an inner awakening of the spirit.

## About Matthew

Matthew is a teacher and mentor, and has been a spiritual growth practitioner since 1990. He is actively involved in sharing his knowledge of the esoteric arts through workshops, seminars, public demonstrations and personal counselling.

Matthew has lived with Friends of the Lakota Indians of Rosebud Indian Reservation (located in South Dakota, USA) and remains in regular contact. Through this unique connection, he is now able to offer a spiritual journey to the land of the Lakota people.



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## Itinerary

- ◆ Travel to Rosebud Indian Reservation with an invitation to join the graduation celebrations at Sinte Gleska College
- ◆ Experience the colourful Rosebud Pow Wow, which brings the mighty Sioux nation together for three days of singing, dancing and drumming
- ◆ Follow a guide through tribal lands and see local wildlife
- ◆ Take pride in making your own drum under the guidance of an elder and expert leather worker
- ◆ Hear many stories about the history and legends of the Lakota people
- ◆ Take part in traditional sweat lodge ceremonies
- ◆ Savour down-to-earth meals, including buffalo steaks and burgers
- ◆ See a rodeo, Indian style
- ◆ Stay in a tipi
- ◆ Visit Indian museums and exquisite crafts in Rapid City, South Dakota
- ◆ See Mt Rushmore in the Black Hills of South Dakota
- ◆ Stand in awe before the mountain memorial to Crazy Horse, the legendary spiritual leader and warrior
- ◆ Stay in a hunting lodge and see buffalo, elk, mountain lions, coyote and prairie dogs roaming the prairies
- ◆ Drive through the Badlands, stopping at Wounded Knee Memorial, Red Cloud Indian School and Museum, and Pine Ridge Indian Reservation
- ◆ Shop in Denver, Colorado (the Mile High City)
- ◆ so much more...

[Please send in this slip for a more detailed itinerary.](#)